

Think Family Support Offer

This document describes what is on offer from those services that deliver Think Family Support in Birmingham. You can request support for those families with **multiple problems** who are assessed as requiring substantial or intensive support in terms of the Right Service Right Time model. The family needs must include at least two or more of the six given below and where their circumstances would benefit from a whole family integrated approach.

Think Family criteria areas are listed below:

Parents and young people involved in **crime or antisocial behaviour**

Children who have **not been attending school** regularly

Children who need help

Adults **out of work**, at risk of **financial exclusion** or **young people at high risk of worklessness**

Families affected by **domestic violence or abuse**

Parents and children with a range of **health problems**

Use the Request for Support form available to help identify appropriate families and support. Visit www.birmingham.gov.uk/think-family and select 'Practitioners Resources' from the menu on the left

Think Family Approach

A model of intervention has been adopted that includes a set of principles, both for identifying families and for whole family intervention. You can access further information from the link above. Think Family Support ensures:

- *A dedicated worker, dedicated to the family*
- *Practical 'hands on' support*
- *A persistent, motivational and challenging approach*
- *Whole Family Multi-Agency Assessments, considering the family as a whole*
- *Whole Family Multi-Agency Plans, focused on agreed outcomes with the family*

Substantial or Intensive Support

Services delivering Think Family Support will primarily focus on families with at least additional needs as defined in the guidance below. It is important those already working with the family remain involved and continue to be part of the Plan that has a focus on outcomes. The amount of time and period of support will depend on need. This will range from 1-5 hours per week over a 5-9 month period unless longer is required in exceptional circumstances.

The family workers delivering Think Family support have all been trained in/in the process of being trained in the Level 4 City and Guilds working with complex families. All Providers

have access to the 6 DWP Job Centre Plus work advisers seconded to enhance employment opportunities for families.

“When a child and their family have needs that may require an intensive or substantial package of support, but the concerns can be managed without the need for statutory social work intervention.”

Right Services, Right Time. Pages 10-11. March 2015

Think Family Support Provider Information

There are three key services and nine commissioned providers that will work directly with families and adopt the Think Family Approach. These services and providers will work with the full range families referred whilst also having a core function or purpose and can therefore offer a range of provision or specialisms. There is a brief description of their core offer and purpose below which will provide families with a more focused or specialist package of support.

A summary of providers are:

1. Family Support in Family Support and Safeguarding Hubs (People Directorate, City Council)
2. Youth Offending Service (People Directorate, City Council)
3. Housing (Place Directorate, City Council)
4. Action for Children in partnership with Castle Vale Community and Regeneration Service
5. Barnardo's
6. Bromford
7. Family Action
8. Malachi
9. Multi Systemic Therapy (NHS Birmingham Children's Hospital)
10. Shelter
11. Spurgeon's
12. Birmingham and Solihull Women's Aid

It is recommended that you use the link to our website when you need access to this and other documents whilst we continue to update and develop the Think Family Support Offer.

Further Information:

Information in the [Right Service, Right Time](#) Guidance for Practitioners document will help you to understand at what time and for which families these services will ordinarily provide support in the context of a co-ordinated multi agency response to children, young people and families who need extra support.

More detailed information is at www.lscbbirmingham.org.uk

The Children's Information and Advice Service (CIAS) can help with reporting concerns about a child as well as a range of other information including details of the 14 Family Support and Safeguarding HUBS and Birmingham's 61 Children Centres.

Tel: 0121 303 1888 Web: <http://www.birmingham.gov.uk/cias>

Family Support Teams

Substantial Think Family Support provided through the Family Support & Safeguarding HUBS

Geographical Locations:

Citywide across three areas; East, South and a combined area of North, West and Central

Brief Description and specialisms:

Family Support and Safeguarding Teams work alongside Safeguarding Teams. Each area has a number of multi-agency HUBS within its boundaries. There are 14 HUBS citywide.

Service Offer

- Providing a range of parenting support, including evidence based programmes. This includes the use of the Graded Care Profile where neglect is a critical factor.
- Delivering or accessing parenting interventions that include Triple P Positive Parenting programme; and Incredible Years.
- Working with families to minimise the impact to the child due to parental domestic abuse, mental health, drugs and alcohol use
- Supporting families where there has been an open child protection or child in need plan.
- One to one sessions with children/young people on a wide range of issues including wishes and feelings, anger management, sexual health, drug/alcohol misuse
- Providing support and peer review through Team Around the Family meetings.
- Pre specialist advice and support on substance misuse, domestic violence, mental health, sexual exploitation, anti-social behaviour and criminality
- Supporting schools to undertake prosecutions or supporting families to return children to education .
- Engagement with and enabling access to children's centres and education settings

Need to know which HUB or area a family home is in? Use this [link](#) to download a file that will help you find the [HUB by postcode](#).

My local information is [here](#)

Birmingham Schools are listed [here](#)

My Care in Birmingham listing providers and services is [here](#)

GP and NHS services are listed [here](#)

Youth Offending Teams

Substantial Think Family Support provided through the Youth Offending Service

Geographical Locations:

Citywide across four areas; North, East, South and West & Central

Brief Description and specialisms:

Local Youth Justice Services are delivered and managed through Youth Offending Services, part of Birmingham City Council. Birmingham's is the largest metropolitan Youth Offending Service in the country, delivering to those aged 10 - 17 years. It is a multi-agency partnership that includes Children's Social Care, Probation, Police, Education, Health, Connexions and other statutory and voluntary agencies. Staff are trained to deliver programmes that reduce offending by directly working with young people who offend and dealing with the underlying causes of crime.

The Service offers:

- A whole family approach, able to engage with young offenders and their families early, which enables the service to tackle offending behaviour before it becomes chronic
- Systematic assessment of a young person using ASSET and risk and vulnerability tools to identify the factors which lead to their offending, enabling interventions to be delivered which have maximum effect on offending behaviour, Management of risk, vulnerability and safeguarding
- Working with young people in the context of their families, helping parents to ensure that their child does not re-offend and offering parenting programmes including Triple P Positive Parenting and Family Group Conferencing where appropriate
- Working with victims of crime and organisations representing victims to ensure that their needs are addressed as carefully as those of the offender and engaging in restorative justice and victim mediation where this is supported by the victim.
- Creating access to suitable education, training or employment, and suitable accommodation
- Provision of substance misuse support via the commissioned young people's substance misuse services.
- Access to specialist mental health assessments and treatment co-ordinated or delivered by YOS health workers.
- Delivering the Gender Specific programme which support young women who are at risk of child sexual exploitation alongside Barnados.
- Delivering or commissioning interventions that support young people and their families where gang affiliation or youth violence is a risk.

Further Information:

Birmingham's Youth Offending website <http://www.birmingham.gov.uk/yos>

Need more detailed information? Youth Offending published a Youth Justice Strategic Plan for 2014-15 which is covered in this press release: www.Birminghamnewsroom.com

Contact:

Kingsmere, 18 Gravelly Hill North, Erdington, Birmingham, B23 6BQ

Tel: 0121 464 0600 **Web:** <http://www.birmingham.gov.uk/yos>

Sexually Harmful Behaviour Team (SHB)

Substantial Family Support provided through the Youth Offending Service

Geographical Locations

Citywide

Brief Description and specialisms.

Substantial Think Family Support provided through the Youth Offending Service Birmingham.

SHB is a specialist assessment and intervention service undertaking evidence based assessment and therapeutic intervention with children and young people aged 7-17 years of age displaying sexually behaviour that is harmful to another person.

The SHB team are able to offer:

- Consultancy and information to professionals to help distinguish between age appropriate, inappropriate and abusive sexual behaviour.
- Comprehensive evidence based risk assessments of children and young people to help professionals develop an understanding of the factors contributing to both the development and maintenance of harmful sexual behaviour.
- Individual intervention programmes to reduce the risk of further sexually harmful behaviour
- Support to develop risk management plans with families.
- Information and support for parents and carers, and practical advice on managing their child's behaviour and supporting the intervention.

Assessment is based on four areas: Development, Family, Environment and Offence/concerning behaviour. In this way the model links with the Core Assessment process used in Safeguarding Children, where focus is on the first three of the domains, and the ASSET tool used within the Youth Justice forum, where focus extends to the fourth domain. The model therefore has relevance to both systems and draws on the skills of the professionals involved in each.

Working Together

The SHB Team work contributes to the reduction of risk through individual work, co-working and liaison with other professionals. We work with other agencies to share information and ensure risk is effectively managed, and share relevant information with police to promote individual and community safety. We also regularly support Child Protection plans, contribute to Court reports and attend the city-wide Multi-Agency Risk Assessment Panel where risk management plans can be developed and monitored.

Informal Enquiries:

Further Information: SHB Team, Kingsmere, Gravelly Hill North, Erdington, Birmingham B23 6BQ

Tel 0121 464 0600

Neighbourhood Family Support

Substantial Think Family Support through Birmingham City Council Place Directorate

Geographical Locations:

Citywide across four areas; North, East, South and West & Central

Brief Description and specialisms:

Place directorate operate district services which include Neighbourhood Offices, Sport & Leisure, adult education and continue to support youth services and connexions. Of most relevance is the work around equalities, social cohesion and community safety. They also deal with housing management and repairs for the Council's own stock and to meet the local authority obligations in this sector such as to the private rented sector. Dealing with regulation and enforcement such as environmental health.

Place directorate and their Family Support teams offer / activity includes:

- Holds family support cases with dedicated workers directly delivering Think Family Support across the city, uniquely for families with additional needs
- Access to teams that tackle with illegal money lending, and can help households dealing with rent arrears and or financial difficulty that puts their home at risk
- Victims of Anti-Social Behaviour (ASB) and deal with those that cause ASB, problems that undermine communities, environmental nuisance and breach various licensing or trading regulation helping therefore to support the victims of such activity
- Implemented a cross tenure integrated service to tackle anti-social behaviour and implement summer activities to reduce likelihood of ASB. Looking at vulnerability with partners like West Midlands Police and West Midlands Fire Service
- Support housing needs and standards. Performs annual visits to maintain better communication with tenants and enable a proactive approach to managing tenancies. Able to access housing opportunities and pathways
- Impact of welfare reform having introduced a Landlord Services Offer to tenants to assist them to manage their circumstances.
- Domestic abuse and violence that require housing needs to be supported
- Holds a partnership in each quadrant of the city to tackle local community safety priorities and is enabling early help to prevent crisis and lack of confidence
- Helping ensure community safety and housing link into Team Around the Family meetings in localities, and participation in family assessment and plans
- Can support use of libraries and public spaces including leisure & sport facilities

Further Information:

Information on a range of services such as [Birmingham Community Safety Partnership](#) is available here on the ASB pages of www.birmingham.gov.uk/asb

Need more information? The Place directorate have developed business plan for 2014 through to 2017 and this is available from www.birmingham.gov.uk/businessplan-place

Contact: <http://www.birmingham.gov.uk/phonenumbers>

This includes contact numbers and web pages for help with issues like [Domestic Abuse](#)

Action for Children and Castle Vale Community Regeneration Service

Intensive Think Family Support

Geographical Locations:

The combined area of North and West & Central

Brief Description and specialisms:

Action for Children and Castle Vale Community and Regeneration Service are working in partnership to support families. Think Family Support Teams are based at the Ladywood Family Centre in Ladywood and The Sanctuary in Castle Vale. Both are charities and support families with a focus on improving parenting, ensuring children are safe and resolving issues with school attendance. Supporting families to seek employment, financial security, and suitable housing, addressing issues around anti-social behaviour/crime.

Families are supported around a wide range of issues including; anger management, adult mental health, family relationships and the impact of domestic violence on children. Staff are CAADA trained. Parents are supported to develop positive parenting approaches. Various practical tools and therapeutic techniques are be used to address the needs of the family such as the Action for Children 'Neglect Tool'.

Both are able to draw on their own resources with knowledge and experience from a wide range of other programmes such as CVCRS's Employment Service, Community Health service, Independent Living Team and Sanctuary Service / Community HUB or even CVC Housing Association with whom they are associated. Action for Children has programmes across the country that include; adoption, fostering, disabled children and even a school. Action for children can have programmes for children whose parents are separating, where children have difficulty at school or young people have caring duties. Households whose tenancy is at risk because of Anti-Social Behaviour or the family is at risk of breakdown

Action for Children

Julia Fiellateau, Practice Manager

Tel: 0121 456 2728 - Email: julia.fiellateau@actionforchildren.org.uk

Castle Vale Community and Regeneration Service (CVCRS)

Michelle Wilkins, Support Services Manager

Tel: 0121 748 8103 - Email: michellew@cvcha.org.uk

Further Information:

website www.actionforchildren.org.uk

website www.cvcha.org.uk

Barnardo's

Intensive Think Family Support

Geographical Locations:

South and West & Central – Citywide provision could be available for children with Autism

Brief Description and specialisms:

Barnardo's Think Family will allocate a dedicated Intensive Family Support Worker to each family experiencing multiple and complex needs. We will support families using a persistent, supportive and respectful approach using creative approaches and a clear strategy for using incentives and sanctions to bring about positive change. Our approach is based around a process of strength based whole family assessment; working in partnership with the family and offering a range of appropriate support according to the individual needs of the family. We will use evidence based practice and a solution focused approach, encouraging self reliance, in order to encourage and achieve positive outcomes for families.

Barnardo's will help families make the agreed changes that address the difficulties they are facing; working collaboratively with partner agencies. Support mechanisms used by Intensive Family Support Workers will include:

- Parenting guidance using a bespoke programme of support and/or an evidence based programme such as the Solihull Approach, Strengthening Families 10-14 and the Cygnet Autism/ADHD Parenting Programme
- Nurturing home-school links and liaison with Education Welfare.
- Emotional resilience work to promote positive mental health, increase confidence in parenting skills and strengthen protective factors
- Specialist support in response to child sexual exploitation (CSE) working in tandem with Barnardo's Specialist CSE Project, Birmingham SPACE. We will specialise in support for children and young people in vulnerable or risky situations such as going missing from home and care, being in an unsafe or unhealthy relationship, using the internet unsafely: which may lead to abuse and sexual exploitation.
- Addressing issues with disability, emotional resilience and sexual abuse counselling.
- Use screening tools such as the Barnardo's Domestic Abuse risk assessment matrix and CSE screening tool to identify risks and access support to specialist agencies
- Crime prevention work to increase consequential thinking and improve self-management
- Support families in budget management and work alongside the DWP to help families to access training, employment and reduce poverty

Barnardo's will offer a service to families of children with autism and those at risk/affected by CSE; living across the city.

Barnardo's

Kelly Walker, Practice Manager

Tel: 0121 359 5333 - Email: kelly.walker@barnardos.org.uk

Further Information:

website <http://www.barnardos.org.uk/index.htm>

With regard to CSE http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation.htm

Bromford

Intensive Think Family Support

Geographical Locations:

Citywide

Brief Description and specialisms:

The support that will be given by Bromford on this Think Family contract includes the following:

- Listen to what a family sees as its priorities and agree a plan of action, helping empower people to take control of their lives and believe that things can get better.
- Work in a non-judgemental way that recognises both the challenges that some of these families face but, more importantly, the assets they have
- Develop peoples strengths and provide support in order to have a sustainable long-term impact on their circumstances
- Our coaches work with customers to help identify what they can already do before looking at any barriers or hurdles that they need help to overcome.
- Helping those who feel isolated to build support networks of friends and community links so they feel more confident and in control.

We will offer support for women and children who have been affected by the experience of Troubled Families criteria this will include specialities which include; housing support, assisting adults get into employment; addressing barriers to school attendance; addressing emotional, mental health problems and physical health issues, addressing issues around anti-social behaviour/crime, advising people on how to manage their money or help with supporting and potentially moving a family member with a learning disability into independent living. Support to young families and young people struggling to cope with the overwhelming responsibility of day to day life.

Bromford

Lisa Simpson, Service Manager

Tel: 07739 446207 - Email: lisa.simpson@bromford.co.uk

Clare Parslow, Senior Support Worker

Tel: 07540 674560 – Email clare.parslow@bromford.co.uk

Further Information:

website www.bromford.co.uk Bromford's Think Family Support information is [here](#) as well as information about their services including [Mental Health and Community Hubs](#)

Family Action

Intensive Think Family Support

Geographical Locations:

East, North and South of the city

Brief Description and specialisms:

Family Action work with the whole family to develop parenting skills, improve communication between family members, developing good relationships with and between the family members. We do this through one to one and family discussion and . We offer advice on planning tasks; setting routine; understanding children's needs and role modelling.

We can support those with mental health problems, difficulties with parenting or with their own relationship, domestic abuse, children with behavioural difficulties, problems engaging in education, emotional or physical welfare issues, supporting older members of the family, and financial and material hardship.

Intensive Family Support takes place in the family home and in the community. We use solution focused approaches and family group conferencing. We adopted the Family Star as a measure

- Specialist home based support for Mental Health. provide practical and emotional support to help people challenged by mental health issues to retain their independence
- Our Family Support Services offer a whole family approach. They are professional, home-based services designed to help families with multiple needs
- In addition to our Think Family Support, we are able to support families with child protection, child sexual exploitation, or a child in need status and those whose needs are significant or complex
- Our Birth Parents Support Services use a volunteer befriending model to support parents following a decision by the local authority for their children to be adopted out of the family
- We have a range of services nationally that include Family Support, Troubled Families, Parenting, Emotional Health and Wellbeing, Training and Consultancy even Deputy and Trustee Services

Family Action

Shirley Henry, Operations Manager.

North Office Tel: 0121 683 8911 - Email: shirley.henry@family-action.org.uk

South Office Tel: 0121 427 9791

Further Information:

website www.family-action.org.uk Information on finding [Services from Family Action](#)

Malachi

Intensive Think Family Support

Geographical Locations:

East and South of the city

Brief Description and specialisms:

In addition to the Think Family Support and Approach Malachi adopt a high level of practical support to address presenting issues experienced by a family with a specialism in therapeutically working with the family to address the myriad of underlying emotional issues which are the drivers behind negative behaviours. We have developed a total family support project that tailors our multi-level intervention to the needs of the family. We offer the following services:

- Wide range of therapeutic interventions which have sound psychological underpinnings based on attachment theory and the impact that insecure attachment and bonding has on a families presenting behaviour.
- Our work includes 1:1 counselling, attachment based parenting programmes and behaviour and emotional literacy development projects which are delivered within a school environment.
- Evidence based interventions with a substantial track record of turning around many deep and intractable personal and family situations including relationship breakdown, drug/ alcohol misuse and domestic abuse among many others.
- For ages 3-11 we offer Saturday clubs that provide drama and dance activities be run on a weekly basis out of school hours and because of demand can also run of a week night during the academic year. The children put on two drama performances a year
- Our parent groups aim to explore issues around bonding and attachment in their own parent to child relationships. Raising this awareness in parents enhances their understanding of how to meet their own children's needs, thus breaking any negative cycle within families.
- Bringing the wider community together in a confidential environment for parents to share and learn from peers helping them to gain strength and reassurance, confidence and self esteem
- We have various projects, six of which seek to build a platform of relationship and dialogue which, by not confronting behaviour, build trust. Root causes can be explored and realistic and achievable solutions can start to develop and be realised

Malachi

Simone Wilson, Project Manager

Tel: 0121 441 4556 - Email: simone.wilson@malachi.org.uk

Further Information:

website www.malachi.org.uk Information on [Malachi Family Support](#)

Multi-Systemic Therapy Team (MST)

Intensive Think Family Support

Geographical Areas Covered: West & Central, East, North

Brief description and Specialisms.

Service Information:

Service Information:

Multisystemic Therapy (MST) is a unique and comprehensive treatment programme designed to serve multi-problem young people in their community. MST is the only family-focused and community-based treatment programme that has a) been the focus of several major research studies with a significant evidence base, and b) demonstrated clinical and cost-effectiveness for young people with complex emotional, social, and academic needs. MST is an 'edge of care' service aiming to avoid out of home placements such as custody or care. MST therapists take 'clinical lead' for therapeutic intervention whilst continuing to work in collaboration with other statutory and voluntary agencies. MST works intensively with the systems that embed the young person (family, school, peers, police): over 3-5 months; approximately 3 sessions a week at a time that is convenient to the client in their home; by operating an 'on call' service where a therapist is available by phone 24/7 to provide emergency/crisis intervention advice.

MST offers intensive intervention to address problematic behaviours of young people aged between 11-17 years of age who are at risk of being placed in custody or care due to challenging, aggressive and anti-social presentation; involved in serious and/or persistent crime and anti-social behaviour; displaying aggressive or risky behaviours in the family home, school and community; with educational and behavioural difficulties and at risk of losing their educational placement; involved in substance misuse; and are absconding.

Whilst the young person is the target in MST, the emphasis is to work systemically across different systems that surround the young person in order to effect change in their behaviour. This means that MST works largely with parents/caregivers, wider family members, schools, police etc., as opposed to with the young person in isolation. Any combination of the following services could be provided to the young person and her/his family; systemic family therapy; marital therapy; behaviour management interventions at home and school; evaluation of the young person's peer network and supporting parents in arranging alternative activities; coordinating activities with school systems, court, and/or other social service agencies.

Our instrumental outcomes are measured against the number of young people we have kept in the family home, the number of young people we have managed to engage in education, training or employment and a reduction in the number of arrests of the young person. MST is the evidence-based intervention of choice as recommended by NICE guidelines (March, 2013). MST utilises a family preservation model and thus the young person must be living within the family system (and not on any orders where parental responsibility lies with the local authority). Other exclusionary criteria are that a formal diagnosis of Autistic Spectrum Disorder or active psychosis or suicidality should not be present.

Informal Enquiries:

Vicky Thakordas-Desai , MST Co-ordinator

Tel: 07867 358 512 - Email: vicky.thakordas-desai@birmingham.gov.uk

Shelter

Intensive Think Family Support

Geographical Locations:

Citywide

Brief Description and specialisms:

Originating from the successful Housing and Anti-Social Behaviour - Family Intervention Project (FIP), Shelter were the sole contracted family support provider under the Community Based Budget pilot for families with multiple needs in the East of Birmingham. The principles behind this FIP still hold today however Shelter has been delivering Think Family Support since 2013 and does so across Birmingham. With the expansion of the national Troubled Families Programme, Shelter have kept an ability to tackle crime and anti social behaviour but have been able to use its specialism in housing, debt advice, tackling domestic abuse and violence and supporting the legal rights of victims and tenants to really tackle some of the under lying causes of the problems faced by families and for children who need help.

- Workers combine intensive support, advocacy and focused challenge to enable the family to 'grip' and tackle their issues.
- We will achieve outcomes through a range of persistent and practical interventions, tools and techniques including motivational interviewing, Triple P parenting and family group conferencing
- Families are able to access a range of complementary services through Think Family Support at Shelter and its partners; Parenting skills, domestic abuse specialist support, household budgeting, managing debt, first aid, CVs and employment skills, DIY skills, 'Shelter Homestarter' (essential furniture and household items), specialist housing advice and legal representation
- Taking the lead professional role, Shelter workers actively to co-ordinate delivery of multi-agency services, including specialists in mental health and substance misuse to ensure the whole family, adult and child have their individual and dependant needs met. This never loses sight of the need or risk faced by children
- Through a combination of support and challenge is used to motivate the family to change their behaviour in a positive and lasting way. They have a voice in the assessment, plan and ultimately the outcomes achieved
- We work across the city to ensure that we support families and those families that do not live close to those they depend on. Helping to establish a family's own network and support

Contact Details

Merlin Logan, Team Leader

Tel: 0344 515 1423 - Email: marlinlogan@shelter.org.uk

Further Information:

website www.England.shelter.org.uk Information on [What We Do](#)

Information for professionals, tools and policy and research is available [here](#)

Spurgeon's

Intensive Think Family Support

Geographical Locations:

East Birmingham

Brief Description and specialisms:

We will provide child and family centred provision focusing on positive outcomes. As part of our Think Family Approach, Spurgeon's aims to ensure all those we work with have access to ongoing support and universal services. Secured through complimentary provision like our Children's Centres and by working with universal partners to refer and signpost families when they exit our Think Family Support provision.

We provide help families with a clear, structured model of support. Working with families to stabilise, mobilise and move forward. We provide specific support to young carers, families involved in the criminal justice system and teenage parents as well as run over 50 Children's Centres across the country. All of these things enable us to take a whole family approach from Early Years into adulthood. Helping to tackle child poverty faced by over 4 million children in the UK. We work with children, many of who need to be separated from their parents for their own protection and to have a safe and happy childhood

We use a range of tools including; practical support, advocacy, motivational interviewing and solution focused approaches. Additionally, we will deliver evidence based parenting programmes such as Strengthening Families Strengthening Communities, Triple P, Incredible Years, Solihull Mellow Parenting and CYGNET as well as youth and children's activities, community events and homework clubs

- We support families where children are at risk of sexual exploitation, young people have adverse mental health or families are separating or have relationship issues
- We are able to work with each individual in the family, tackling issues for victims or where appropriate we will work with the perpetrators themselves
- Our children's centres are placed in communities with high-levels of poverty and help us work with pre-natal stage parents through to birth and up to the age of five. They typically offer; Young Parent Groups, support child and parent relationships, family therapy and nurturing as well as stay and play sessions, baby clinics, father support groups and support parents toward employability
- We offer local support for families working with them in their own community, establishing dialogue with children and young people to better understand them and provide the help they and the family need. We do this through training, support, skills-enhancement and activities designed to help people deal with inter-generational breakdown and anti-social behaviour, building stronger, healthier families and more cohesive communities

Spurgeon's

Doreen Jones

Tel: 0121 766 5404 - Email: spurgeonsthinkfamily@spurgeons.org

Further Information:

website www.spurgeons.org Information on Spurgeon's [Family Support and case studies](#)

Birmingham and Solihull Women's Aid

Intensive Think Family Support

Geographical Locations:

Citywide

Brief Description and specialisms:

Birmingham and Solihull Women's Aid (BSWA) has been working with women and children affected by domestic violence (DV) and abuse for 35 years. 1 in 4 women experience DV, most are hidden, it has an enormous devastating impact on the personal lives of women and children for life, if not tackled it will undermine any family support put in place. We therefore work in close partnership with agencies like housing and the police to ensure the best outcomes for women and their children; engaging strategically BSWA are represented on the Violence Against Women Board, Birmingham Community Safety Partnership and Birmingham's Local Safeguarding Children's Board. Fully trained domestic violence workers experienced in working with families where there are significant levels of risk and who have multiple substantial or complex needs. provide our Think Family Support that will:

- Increase skills and confidence around parenting helping set boundaries
- Respond to issues concerning housing, debt, education and training, health and wellbeing and support referrals and multi-agency involvement in support plans
- Address safety concerns including access to security measures in the home, civil injunctions and engagement with the MARAC process.
- Provide safe, emergency accommodation through five refuges whilst also providing outreach support in the community
- Identify and develop an understanding in partners of the dynamics and impact of abuse on women and children as well as in families we work with
- Support through any criminal or civil court processes and crucially resolving sanctions being taken against women or children where their circumstances have not been appreciated or considered
- Respond to concerns around mental health and / or substance misuse issues
- We offer training to tackle Domestic violence which is a serious public health issue and one of the major crime and disorder challenges for Birmingham.
- One-to-one, tailored support delivering long-term, positive outcomes for women and their children by addressing all of their needs

Domestic Abuse and Domestic Violence is not always physical. If you are a woman, child or young person seeking support for yourself or others, or you are a professional seeking support for victims, please contact

Helpline: 0808 800 0028 This is free from landlines and most mobile phone networks

Birmingham Solihull Women's Aid (BSWA)

Jas Jassi, Project Manager

Tel: 0121 685 8687 or 07890 000 780 - Email: Jas.jassi@bswaid.org

Further Information:

website www.bswaid.org Click here [How Can we Help](#) information including Family Support